

Utah 4-H Working Ranch Horse Program

Unit One Project Book



UtahStateUniversity
COOPERATIVE EXTENSION 

UTAH 4-H WORKING RANCH HORSE PROJECT

As a 4-H member, you will –

- Develop life skills of Decision Making, Communication, Leadership, Citizenship, and
- Self-Esteem.
- Learn to be a skilled horseman
- Meet with your friends
- Have fun

The 4-H Pledge is a very good guide for you to follow –

I pledge—

My HEAD to clearer thinking

My HEART to greater loyalty

My HANDS to larger service, and

MY HEALTH to better living, for

My club, my community, my country, and my world.

This pledge is used by all 4-H member. As a member of a 4-H horse club you can achieve the purpose of the pledge in the following ways:

I Pledge:

My HEAD to clearer thinking. Working with a horse, learning to train and care for one, requires that you study and be able to think quickly, clearly, and be alert at all times.

My HEART to greater loyalty. You will develop a close bond of comradeship with your horse and with other young people in the 4-H horse program. You will learn to be loyal to and considerate of others, including leaders.

My HANDS to larger service. Skillful hands are a must for a good horseman. By the touch of your hands on the reins, you tell your horse what you wish done. You can give to your community through horse related activities.

My HEALTH to better living. Outdoor activity is a very good way for you to develop a healthy body.

For my club, my community, my country, and my world. Membership in a 4-H horse club will give you many opportunities to participate in activities that will help you and others become better citizens in your community. You will also find ways to make your community a better place in which to live.

WHAT YOU WILL DO

- Care for and manage one or more horses.
- Keep records of what you do.
- Complete a portfolio or record book each year
- Improve your skill as a horseperson by working for advancement in the horse
- program.

- Participate in demonstrations, public speaking, leadership, community service and more.
- It is recommended that you own project animals. If this is not possible, you should make arrangements with the owner to have them under your care and management.

WHAT YOU WILL LEARN

OBJECTIVES

Encourage 4-H Youth to...

- Develop leadership, initiative, self-reliance, sportsmanship, communication skills, decision making skills, self-esteem, and other desirable traits of character. This includes friendship to those both more capable and less capable than yourself.
- Experience the pride of owning a horse or pony and being responsible for its management.
- Develop an appreciation of horseback riding as a healthy and wholesome form of recreation.
- Learn skill in horsemanship and using horses as a management tool for handling livestock.
- Increase knowledge of safety precautions to prevent injury to yourself, others and their mounts.
- Promote greater respect for animals and a humane attitude toward them.
- Be better prepared for citizenship responsibilities through working in groups and supporting community horse projects and activities.
- The 4-H Working Ranch Horse advancement program includes many things you can learn. If you follow through and complete all of the suggested requirements for each rank you should be a more experienced horseperson. You can be a member of a 4-H horse club without completing the requirements for all the ranks. Much of what is discussed and done at each club meeting will be taken from the requirements for each of the ranks. It is possible to accomplish a great deal in the 4-H horse program without a horse, but owning or having access to a horse will greatly increase the value of your 4-H experience.

SOURCES OF INFORMATION

- 4-H Horsemanship
- 4-H Horse Science
- Utah Working Ranch Horse Practical Training Guide

RULES

1. Only leaders can pass off individuals in the progression of the ranks. It cannot be done by a parent. If a parent is a youth's leader, another leader or Extension Educator must pass off the individual.
2. Stallions are not to be used in any 4-H horse project.

4-H Working Ranch Horse Program

Unit One

Project Book

Year _____

Name _____ Age ____ Birthday ____/____/____

Address _____

Grade in school completed _____

4-H Club _____ Year in 4-H _____

Years in 4-HWRH Project _____

Member Signature _____

Parent Signature _____

Leader Signature _____

Unit 1 – Utah 4-H Working Ranch Horse Project

	Date Passed	Approved by
Anatomy of Horse:		
1. Name and locate and spell the following parts of a horse: poll, muzzle, shoulder, forearm, knee, barrel, girth, flank, rump, hock, fetlock, and pastern.	_____	_____
2. Name and spell four breeds of horses	_____	_____
Knowledge of Equipment:		
1. Name, locate and spell the following parts of a Saddle: Horn, cantle, dee-rings, fender, pommel, and skirt	_____	_____
2. Name, locate and spell the following parts of a Bridle: curb strap, headstall, bit, nose band and throat latch.	_____	_____
3. What are 2 requirements of a saddle blanket?	_____	_____
4. Describe how to take care of leather, saddle pads and cinches.	_____	_____
5. Demonstrate how to replace a set of reins, cinch and latigo.	_____	_____
Feeding:		
1. What should you feed your horse?	_____	_____
2.. How much should you feed?	_____	_____
3. When and how should the horse be fed?	_____	_____
4. Why should you condition your horse?	_____	_____
5. How much water does a horse need at work/rest?	_____	_____
Health:/Care		
1. What is the normal temperature of your horse?	_____	_____
2. What is the normal respiration of your horse?	_____	_____
3. What is the normal pulse rate of your horse?	_____	_____
4. Name internal parasites that are common to horses.	_____	_____
5. Name external parasites that are common to horses.	_____	_____
6. What is “founder” and how is it treated?	_____	_____
7. What is “thrush” and how is it treated?	_____	_____
8. How do you tell if a horse is dehydrated?	_____	_____
Basic Handling:		
1. Halter and tie your horse.	_____	_____
2. Lead your horse.	_____	_____
3. Brush and groom your horse.	_____	_____
4. Pick up and clean a front hoof.	_____	_____
5. Bridle and saddle your horse. (Smaller members should learn the correct methods even if they cannot do them entirely).	_____	_____

Date Passed Approved by

Riding Skills:

1. Mount and dismount.
2. Demonstrate proper use of reins for both direct and neck reining.
3. Demonstrate the use of correct seat and balance
4. Demonstrate the basic control for riding your horse at slow gaits: walk, trot, lope, and stop.

Safety:

1. Name 6 safety rules all 4-H members should observe when working around or riding their horses.

Basic Handling/Restraint:

1. Demonstrate the use of hobbles and on your horse.
2. Demonstrate how to accustom your horse to a rope
3. Demonstrate how to accustom your horse to cattle

Horse and Livestock Identification:

1. What are some methods used for horse identification
2. What are some methods used for livestock identification
3. What are two breeds of cattle
4. What are 4 breeds of horses

Ranch Working Equipment:

1. List 5 items that may be necessary during a ranch working day
2. List items in a first aid kit for humans/horses

Roping:

- 1 Give the parts of a rope _
2. Show your roping skills by roping a dummy on the ground 8 out of 10 times, 8 feet behind the head and show your recoil skills.

Youth/Horse working skills:

1. Demonstrate your ability to help sort cattle.
2. Load your horse safely into a trailer
3. Lead your horse safely through a gate, open and close the gate
4. Demonstrate your ability to adapt to different kinds of ranch terrain (up and down hills, cross creeks, brush, trees, etc.)

Demonstration/Illustrated Talk

Title of demonstration or talk _____

Presentation Summary:

Completion Document

(Name of 4-H Member)

has satisfactorily passed all of the above requirements and is now a qualified 4-H Unit 1 Working Ranch Horseman.

Approved by:

(Leader)

(date)

(Local Extension Agent)

(date)